



SZKOŁA DOKTORSKA



GDAŃSK

GDANSK UNIVERSITY
OF PHYSICAL EDUCATION AND SPORT
INVITES YOU TO THE CONFERENCE

HUMAN MOVEMENT AS COMPETITIVE SPORT AND HEALTH ENHANCING PHYSICAL ACTIVITY

HEALTH PANEL

THE CONCEPT OF HEALTH IN PHYSICAL CULTURE SCIENCES

- 8:30 - 9:00** Receiving conference gifts from doctoral students and supervisors.
9:00 - 9:15 Welcoming guests. Introducing participants to the conference topics and plan.

FIRST PANEL - HEALTH PANEL

- 9:20 - 9:35** The impact of parents; physical activity goals and parental attitudes on physical activity during leisure time among children in middle childhood.
Agata Kamionka
- 9:35 - 9:50** Neurofeedback as a method of coping with negative effects of stressors.
Kacper Gotner
- 9:50 - 10:05** Physical fitness of children with congenital heart defects after corrective surgery.
Jakub Wasilewski
- 10:05 - 10:20** The Perspectives on Protecting Kidneys During Prolonged Exercise.
Katarzyna Żołądkiewicz
- 10:20 - 10:50** Coffee break.
- 10:50 - 11:05** The patronizing effect of physical activity in postmenopausal women in the context of fall risk.
Bartłomiej Wrzesiński
- 11:05 - 11:20** The impact of whole body vibration on the postural stability of people with Generalized Joint Hypermobility.
Oskar Formella
- 11:20 - 11:35** The Impact of Pelvic Floor Muscle Training on Female and Male Health.
Justyna Labun
- 11:35 - 11:50** Ashwagandha: effective adaptogen or overhyped fad.
Mateusz Sprengel
- 11:50 - 12:05** Physical activity in cancer treatment.
Marzena Wieczorek-Przybyło
- 12:05 - 12:20** Exercise addiction in adolescent sample.
Magdalena Jaroch-Lidzbarska
- 12:20 - 12:35** Effect of supervised rehabilitation on the distribution of pressure forces in patients after single-level lumbar spinal disc herniation by microdiscectomy.
Paulina Poszytek
- 12:35 - 13:05** Coffee break.



SPORT PANEL

THE CONCEPT OF SPORT IN PHYSICAL
CULTURE SCIENCES

SECOND PANEL - SPORT PANEL

- 13:05 - 13:20** Is E-sport a sport?
Natalia Majchrzak
- 13:20 - 13:35** FABP2 Ala54Thr Polymorphism and Post-Training Changes of Body Composition and Biochemical Parameters in Caucasian Woman.
Katarzyna Świtła
- 13:35 - 13:50** Benefits of vitamin D for long distance runners.
Marta Kluczek
- 13:50 - 14:05** The effect of high-intensity interval exercise on executive performance and prefrontal cortex activation among elderlies – a fNIRS study.
Marta Skurewicz
- 14:05 - 15:05** Dinner break.
- 15:20 - 15:35** Influence of omega 3 supplementation on post exercise cellular response in physical active man.
Magdalena Konert
- 15:20 - 15:35** Safety of life and participants of sporting events - UAV underestimated.
Robert Mruczyk
- 15:35 - 15:50** The effect of 12-week omega-3 fatty acid supplementation on L- ARGININE metabolism and aerobic capacity in long-distance runners.
Zbigniew Jost
- 15:50 - 16:05** Methods of protection against gastrointestinal disorders and leaky gut syndrome in semi- professional long distance runners.
Izabela Murawiec
- 16:05 - 16:35** Coffee break.
- 16:35 - 16:50** Effectiveness of ischemic preconditioning in reduction of post exercise induced inflammation process, liver and heart injury.
Paulina Brzezińska
- 16:50 - 17:05** Changes in function and morphology in the image ultrasound images of skeletal muscles and ligaments of the shoulder joint in judo athletes as a result of specialized training.
Bartłomiej Bogdański
- 17:05 - 17:35** Closing of the internal conference and distribution of certificates participation.

19 JANUARY 2024
- IN SENATE CHAMBER -